

# Supervised Hours (More Than 50) and Log Book Requirements



**More than 50 hours of supervised driving (probably 80-120) is necessary to achieve crash reduction benefits.**

## Does research show that more supervised driving hours have safety benefits?

Research in the United States, Australia, and Europe has shown that more hours are better than less, and that 80-120 hours may be optimal.

In a recent review of the literature, Senserrick and Williams (2013) conclude that in relation to potential crash-reduction benefits when introducing minimum hour / kilometre requirements include:

- 7% / 18% additional reduction in insurance claims for 16-year-olds for increases of 20 / 40 hours compared to less or none.
- 18% reduction in fatal crashes of 16-year-olds for 30+ hours compared to less or none.
- 17-22% reduction in 18+-year-old provisional driver crashes for ~80 hours compared to professional courses only.

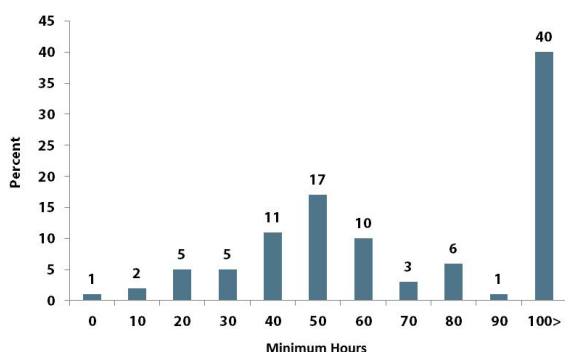




## Is there support for more supervised driving hours?

Parents of teenagers in surveys are highly supportive of expanding the number of hours of supervised driving prior to licensure. In a national survey of parents, a majority supported more than 50 hours, and 40% wanted 100 or more hours.

### Minimum Hours of Supervised Driving Hours Required



Source: Source: Williams et al., 2011

## What are logbooks?

Date	Start Time	Skill or Activity Practiced	End Time	Total Number of Hours Completed

Source: Source: Maryland Motor Vehicle Administration, Rookie Driver: New Driver & Coach Practice Guide. [http://www.mva.maryland.gov/\\_resources/docs/RD-006.pdf](http://www.mva.maryland.gov/_resources/docs/RD-006.pdf)

Log books provide a means to record and certify that the minimum number of supervised driving hours mandated by the licensing authority has been achieved and demonstrates due diligence on the part of the state. Log books are available in several states as hard copy forms or as free-mobile Apps.

Optimally, teen learners should practice driving under supervision for more than 50 hours, including a certain number of practice hours in more challenging situations such as at night, in different weather conditions, and on a variety of road types.

## Traffic Injury Research Foundation

The mission of the Traffic Injury Research Foundation (TIRF) is to reduce traffic-related deaths and injuries. TIRF is a national, independent, charitable road safety institute. Since its inception in 1964, TIRF has become internationally recognized for its accomplishments in a wide range of subject areas related to identifying the causes of road crashes and developing programs and policies to address them effectively.

Traffic Injury Research Foundation (TIRF)  
 171 Nepean Street, Suite 200, Ottawa, ON K2P 0B4  
 Phone: (877) 238-5235  
 Fax: (613) 238-5292  
 Email: [tirf@tirf.ca](mailto:tirf@tirf.ca)  
 Website: [www.tirf.ca](http://www.tirf.ca)

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