

# Night Driving Restriction at 9 or 10 pm



## Are night driving restrictions beginning at 9 p.m. or 10 p.m. effective?

**Yes.** Late-night driving increases fatal crash risk among teens, and the majority of night driving crashes involving teen drivers occur before midnight.

- Male drivers aged 16 to 19 years have a night driving fatal crash rate (15.4) that is almost 4 times higher than male drivers aged 30 to 59 years (4.1);
- Female drivers aged 16 to 19 have a night driving fatal crash rate (8.3) almost 3 times higher than those aged 30 to 59 (3.2).

Night driving (9 pm-6 am) fatal passenger crash involvements per 100 million miles traveled by driver age and sex, 2008



Source: IIHS http://www.iihs.org/iihs/topics/t/teenagers/fatality-facts/teenagers







## At what times do more fatal crashes involving teen drivers occur?

A 2015 study showed that more than half (almost 60%) of night driving crashes involving teen drivers occurred before midnight. It has also shown that teen crash deaths most frequently occurred between 9 p.m. and midnight (17%), and between 6 p.m. and 9 p.m. (16%). A slightly smaller percentage of crashes (15%) occurred between 3 p.m. and 6 p.m.

# Teenage motor vehicle crash deaths by time of day (2,715 deaths), 2015



Source: IIHS http://www.iihs.org/iihs/topics/t/teenagers/fatality-facts/teenagers.



# Is there support for an earlier night restriction start time?

**Yes.** A national survey of parents showed strong support for night restrictions to start at 10 p.m. or earlier (77%), and 50% of parents supported a 9 p.m. or earlier start time.

#### Preferences for night restriction coverage



Source: Williams et al., 2011

### **Traffic Injury Research Foundation**

The mission of the Traffic Injury Research Foundation (TIRF) is to reduce traffic-related deaths and injuries. TIRF is a national, independent, charitable road safety research institute. Since its inception in 1964, TIRF has become internationally recognized for its accomplishments in a wide range of subject areas related to identifying the causes of road crashes and developing programs and policies to address them effectively.

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